



Digestive Health Specialists OF THE SOUTHEAST

INSTRUCTIONS FOR ABDOMINAL AND PELVIC ULTRASOUND COMBO PREP

APPOINTMENTS SCHEDULED BEFORE NOON:

NPO after midnight (except water)

May take meds

Water only allowed

****1 HOUR PRIOR TO APPOINTMENT, DRINK 32 OUNCES OF WATER
AND DO NOT EMPTY BLADDER****

Nothing to eat

Nothing to drink

No chewing gum

No mints/candy

APPOINTMENTS SCHEDULED AFTER NOON:

Light breakfast (before 7:00 am) such as bagel, toast, poptart, protein bar

NPO except water after 7:00 am

May take meds

Water only allowed

****1 HOUR PRIOR TO APPOINTMENT, DRINK 32 OUNCES OF WATER
AND DO NOT EMPTY BLADDER****

Nothing to eat

Nothing to drink

No chewing gum

No mints/candy