



*Digestive Health
Specialists*

OF THE SOUTHEAST

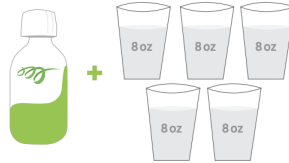
CLENPIQ INSTRUCTIONS

THE DAY BEFORE PROCEDURE

- Clear liquid diet only. **No solid foods**
- Allowed liquids: Water, Strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry • Limeade or lemonade • Coffee or tea (DO NOT use any dairy or non-dairy creamer) • Chicken broth • Gelatin desserts without added fruit or topping (NO RED OR PURPLE)
- DO NOT CONSUME MILK, ALCOHOL, OR ANYTHING RED OR PURPLE
- *****If you are asked to do a “Two day prep”, please take either 4 capfuls of Miralax mixed in water or Gatorade at 12 noon the day before your procedure, or 1 bottle of magnesium citrate*****
- At **5PM**, take the first dose of CLENPIQ

Evening Before

Between 5-9 PM



Drink 5 cups (40 oz) or more of clear liquids.*
Finish liquids over the next 5 hours.

THE MORNING OF YOUR PROCEDURE

- **6 hours** before your scheduled arrival time, Repeat steps 1-4 with the other 5.4oz bottle of CLENPIQ
- **Both 5.4oz bottles are required for a complete prep**
- **It is important to follow all steps completely**

Morning of

5 hours before procedure



Drink 4 cups (32 oz) or more of clear liquids.
Finish liquids 2 hours before your colonoscopy
or as advised by your doctor.