



# *Digestive Health Specialists*

OF THE SOUTHEAST

## INSTRUCTIONS FOR ABDOMINAL ULTRASOUNDS ONLY

**INCLUDES ABDOMINAL (ABD), RIGHT UPPER QUADRANT (RUQ),  
GALLBLADDER (GB), AND LIVER**

### **APPOINTMENTS SCHEDULED BEFORE NOON:**

NPO after midnight (except water)

May take meds

Water only allowed

Nothing to eat

Nothing to drink

No chewing gum

No mints/candy

### **APPOINTMENTS SCHEDULED AFTER NOON:**

Light breakfast (before 7:00 am) such as bagel, toast, poptart, protein bar

NPO except water after 7:00 am

May take meds

Water only allowed

Nothing to eat

Nothing to drink

No chewing gum

No mints/candy