



General Instructions:

1. Please be prepared to be at the Center for Digestive Health or the hospital for up to 6 hours the day of your procedure. Frequently, this time will be less, but please make arrangements to potentially allow 6 hours.
2. You are required to have someone accompany you to your procedure and be available to drive you home. **We will not do a procedure that involves anesthesia without a responsible driver, no exceptions.**
3. Please leave all jewelry and valuables at home
4. Please read all Prep instructions **A WEEK** before your procedure to ensure you can follow these. The Prep is crucial to a successful examination. Please purchase your prep at least 5 days before your procedure (Call our office 334-836-1212 if prep is unavailable).
5. The day of your procedure, please register at the front desk of the Center for Digestive Health or at outpatient registration if your procedure is at the hospital. Please arrive at your scheduled time. **THIS IS REGISTRATION TIME, NOT PROCEDURE TIME**
6. If you are taking blood thinners (Coumadin, Warfarin, Plavix, Xarelto, Eliquis, Aggrenox, etc), and have not received specific instructions regarding holding these medications, please call our office.
7. If you take daily Aspirin, you may continue to do so. **DO NOT HOLD ASPIRIN.**
8. Please take your heart, blood pressure, seizure, or thyroid medications the morning of your procedure with a sip of water.
9. Please bring an updated, complete list of your medications to your procedure.
10. If you have plans to travel outside the US or to a remote area within 2 weeks after your procedure, you should contact our office prior to having or prepping for the procedure.
11. If you are taking any of the following GLP-1 medications, please stop taking (7) days prior to your procedure.

Mounjaro
Ozempic
Rybelsus
Wegovy

Semaglutide
Trulicity
Exanatide
Byetta

Saxenda
Victoza
Adlyxin